



YOUR TRUE SELF

WRITE YOUR STORY

'That's my story



WHY?

*Your life is a **story** about **YOU**.*

Most of the people don't have a reason to wake up every day. They are caught in routine, things that "must" be done, beliefs that keep them trapped in the feeling of unhappiness, unworthiness.

Others already know their mission, their passions and wake up every day to accomplish what they know they have to accomplish for the World, for themselves.

***For all of us: WHY** are we gathering @ this workshop is **to achieve a HIGHER sense** in accordance with the actual resonance of Humanity **for "My Life's Mission"**.*

HOW?

We will be using a Japanese method called **Ikigai** in a sort of **game-like** activity to **DIG DEEPER** into ourselves.

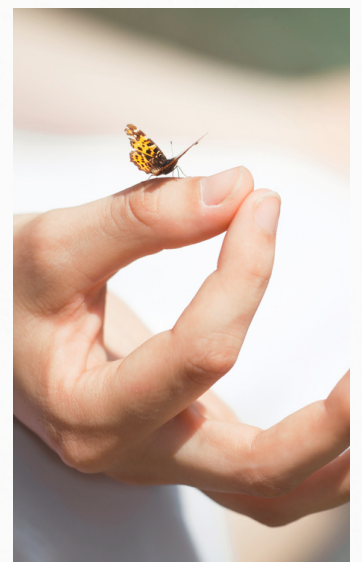
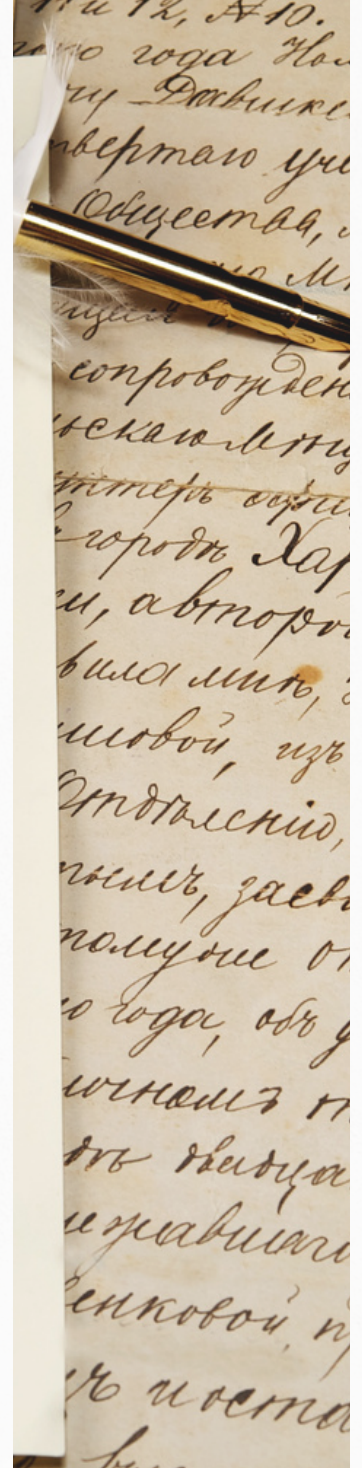


You will be given a **workbook** with guidelines that we will follow together in order to define or **to discover more profound things regarding what we are searching**. It could be about your job, about food, relationships, health, sports routine or other domains of your life that you feel to dig in deeper.

It will bring you more **awareness** and understanding **of yourself, your MISSION, your PASSIONS** - why, how and what to do with them.

WHAT?

- we will start with a **meditation** to set an intention and to get used to the energy flow of the group
- we will enjoy the **comfort of our homes** during this exercise, with coffee & tea, snack and, absolutely **necessary a PEN and the WORKBOOK**
- we will debate things as we will answer the **questions in the workbook** together as a community of people who **work for THE NEW EARTH** and for their **Soul to evolve** together with the New Earth



A vertical photograph on the left side of the page shows a hand with grey nail polish holding a black pencil over an open notebook. The notebook is on a wooden surface, and there are dried flowers in the background.

SCHEDULE

1 DEC 2023

4–6 PM

- *group meditation*
 - *defining the method and practice(writing down and debates)*
-

6–7 PM

- *dinner @ home*
-

7–9 PM

- *we will continue the practice*
-

ENERGETIC EXCHANGE

*I organized this workshop having in mind that **every person** that needs these experience should **afford it**. Initially I wanted us to meet live, but this would have limited the experience for some of the people by rising the cost of the event depending on the location.*

*So we will use the comfort of our homes and **meet online to share our energy and GROW together**.*

You can pay as much as you afford, one of the amounts that is comfortable to you:

*55 ron, 77 ron, 111 ron, 144 ron,
277 ron, 444 ron, 555 ron.*

If you cannot afford any of these amounts but want to join the workshop, please let me know and we will manage a solution.

*You can subscribe or ask for further information by **sending an email @ love@inspiria.ro**. I will reply further instructions.*



ALEXANDRA HERE :)
WITH LOVE

*Human being in a woman's body, trying to offer her
Creative energy to this World & Universe.*

Find me @ **love@inspiria.ro**.
instagram.com/inspiria.ro
@ Spotify : Alexandra Popescu
www.inspiria.ro